

No-Frill 10 miler

July 22 2009

Gender	Cat	First Name	Last Name	Time
M	30-39	Thierry	Asselin	00:59:47
M	20-29	Jon	Ruddy	01:00:41
M	40-49	Michel	Emond	01:02:48
M	40-49	Roger	Wyllie	01:03:45
M	30-39	David	Markin	01:06:05
M	40-49	Richard	Bellefeuille	01:06:06
M	50-59	Tim	Scapillato	01:06:34
M	40-49	George	Bodoni	01:06:53
F	40-49	Marian	Coke	01:08:53
M	40-49	David	Shantz	01:08:59
M	30-39	Rob	Howell	01:09:13
M	60-69	Chris	Jermyn	01:09:42
M	50-59	Tom	Lawson	01:11:33
F	50-59	Sheila	Casey	01:11:44
F	50-59	Nancy	Morrison	01:12:21
F	40-49	Carolyn	Turner	01:12:45
F	30-39	Leslie	McLean	01:12:47
M	20-29	Jason	Bussey	01:14:31
F	30-39	Brigitte	Jackstien	01:15:10
M	40-49	Darren	Clark	01:15:10
M	50-59	Dave	Palmer	01:15:39
M	40-49	Dan	Ziniuk	01:16:04
M	40-49	Michael	Downing	01:16:30
M	60-69	John	Hetherington	01:17:06
F	20-29	Amanda	Pinch	01:17:19
M	30-39	Sean	O'Brien	01:18:11
M	50-59	Richard	Bowes	01:18:30
M	50-59	Joe	DuVall	01:18:33
M	30-39	Greg	Moher	01:19:28
M	40-49	Brian	Barber	01:19:33
M	40-49	Brian	Barber	01:19:33
M	40-49	Mike	Southgate	01:19:38
F	40-49	Lori	Timmins	01:19:42
M	40-49	Patrick	Georges	01:19:55
F	40-49	Nancy	Villemure	01:20:14
F	40-49	Ilona	Montgomery	01:20:20
M	50-59	Charles	Pryce	01:20:51
M	60-69	Luc	Perrier	01:21:05
M	50-59	George	Ferrier	01:21:15
M	40-49	Cam	Wilson	01:21:25
F	30-39	Christine	Dube	01:21:59
F	30-39	Stephanie	Malherbe	01:22:00

M	60-69	Tom	Dickie	01:23:00
M	50-59	Jack	Gilmer	01:23:09
F	40-49	Joanne	Keeping	01:27:10
F	40-49	Joanne	Keeping	01:27:10
M	60-69	Doug	McGinn	01:28:34
F	40-49	Laurie	Hardage	01:28:59
M	60-69	George	Torrance	01:29:45
M	50-59	Rob	Kanasy	01:29:47
F	30-39	Christine	Turmaine	01:30:59
M	50-59	Alan	Tomalty	01:32:45
M	50-59	Dave	Langlois	01:32:55
F	40-49	Margaret	Meroni	01:33:00
M	20-29	Jay	Richardson	01:33:44
F	20-29	Lucie	Tessier	01:33:45
M	30-39	Eric	Collard	01:33:51
F	20-29	Martha	Holmes	01:33:56
M	60-69	Norm	Warner	01:34:41
M	30-39	Eric	Kendrick	01:35:12
F	40-49	Cindy	Kent-Koehler	01:35:36
F	50-59	Cheryl	Kardish-Levitan	01:37:33
F	30-39	Joan	Bard Miller	01:37:49
F	30-39	Heather	Hopkins	01:38:05
F	60-69	Martina	McGinn	01:39:43
M	60-69	John	Warner	01:55:40

Two Laps

F	70-79	Roseanne	Wilson	01:22:04
F	60-69	Morin	Denyse	01:29:14