



2011 BEAVER CHASE



**MAY 10, JUNE 14, JULY 12
AND AUGUST 9TH 2011**

LOCATION: ROYAL CANADIAN LEGION, 70 HINES ROAD, KANATA, ONTARIO

BACKGROUND:

It got its name at the very first Beaver Chase Series event, where the lead runner was approaching a footbridge over a small creek. A beaver scurried out of the water and chased the lead runner to the bridge and then stood and watched as all the runners passed by.

Organized by the Run Ottawa Club, runners of all ages and abilities are welcome to take part in the 1-mile or 4-mile events, which start and finish on Innovation Drive in Kanata. The 4-mile course meanders through the Monk Conservation Area in Kanata Lakes and Morgan's Grant.

Although a participation event, the Beaver Chase Run Series is an excellent opportunity to run with friends or family at a pace that suits personal fitness levels. Each run also has support along the route to simulate race conditions, including a water station, marshals and distance markers.

COURSE INFORMATION:

The start and finish is on Innovation Drive near the corner of Hines Road. The 1 mile event is an out and back, with the turn around on Innovation Drive. The 4 mile event continues on Innovation Drive and then hooks up with the recreational pathway that winds through the Monk Conservation Trail and eventually winds its way to Hines Road and back to the finish on Innovation Drive.

RACE DAY INFORMATION:

Dates: Tuesdays – May 10, June 14, July 12 and August 9th. Both the 1 and 4 mile events commence at 6:30 p.m. Registration commences at 5:30 p.m. right up until 6:25 p.m. or so.

TIMING/RESULTS:

All events in the Beaver Chase Series are manually timed. Volunteers call out times at the finish line and each runner is to record their times on the form provided. Results will be posted on the Run Ottawa Club website shortly thereafter.

SERVICES:

There is one water station in the 4 mile event and each mile is marked. Marshals are posted in key locations to guide participants along the course. Water is also provided at the start/finish line.

ENTRY FEES:

Payable at each event only. The cost for each Beaver Chase event is \$6 per person for runners 15 years of age and older. Runners 14 and under pay \$3 and everyone registers on the day of each series event at Kanata Legion site.

Runners who complete all 4 events will receive a **Beaver Chase Series** cap.

VOLUNTEERS:

It takes 6 volunteers to stage a Beaver Chase event. If you cannot run or just want to lend a hand, let us know.

Please contact Joe Du Vall operations@runottawa.ca or Ryan Cameron, ryan@runottawa.ca or call our office at 613-234-2221

Event day phone - Joe Du Vall # - 613-292-7102

DIRECTIONS TO RACE SITE:

The venue for the Beaver Chase Series is the Royal Canadian Legion, 70 Hines Road in Kanata north



On-site Race Day Registration ONLY