



# 2011

# wildcat

RUNNING SERIES



**JUNE 27, JULY 25, AUGUST 22  
AND SEPTEMBER 19 2011**

**LOCATION:** CAIRINE WILSON SECONDARY SCHOOL, 975 ORLEANS BLVD., OTTAWA

The Run Ottawa Club, in co-operation with the Track & Field and Cross Country teams at Cairine Wilson Secondary School, is introducing this new run series in 2011. The series will be modelled after the west-end Beaver Chase events, featuring low-key monthly races where participants can choose between approximately 1 mile and 5 kilometre distances. Funds raised at this run series will benefit the Track & Field and Cross Country Wildcats of Cairine Wilson.

This club event is an excellent opportunity to run with friends or family at a pace that suits personal fitness levels. Each run also has support along the route to simulate race conditions, for those who wish to test their limits.

#### **COURSE INFORMATION:**

The start and finish will be at Cairine Wilson Secondary School, at 975 Orleans Blvd, Orleans. The route will follow paved and unpaved trails adjacent to the school.

#### **TIMING/RESULTS:**

All events in the **Wildcat Series** are manually timed. Volunteers call out times at the finish line and each runner is to self-report their times. Results will be posted on the Run Ottawa Club website shortly thereafter.

#### **RACE DAY INFORMATION:**

Races will be held on Mondays June 27, July 25, August 22 and September 19. All races start at 6:30pm except for the September event, which starts at 6:00pm. Registration opens at approximately 5:45 on race days except for September 19 when it will open at 5:15pm.

#### **ENTRY FEES:**

The cost for each **Wildcat Series** event is \$5 per person 13 years of age or older. The fee for 12 year-olds and under is just \$2.

Registration is available on site on race day, starting approximately 45 minutes before the start of the race. There is no advance registration for this event.

#### **SERVICES:**

One water station is provided for runners in the 5K event. Marshals are posted in key locations to guide participants along the course. Water is also provided at the start/finish line.

#### **VOLUNTEER INQUIRIES:**

Volunteers for this event are provided by the Wildcats.

#### **DIRECTIONS:**

The venue for the **Wildcat Series** is Cairine Wilson Secondary School, 975 Orleans Blvd, in Orleans. CWSS is located 400m north of the Jeanne D'Arc and Orleans Boulevard intersection. The school is located directly behind the Convent Glen Shopping Mall.



## On-site Race Day Registration **ONLY**