

NCRA Cross Country 2009 6K Results

Male	Female	Time	Pace	Bib	Name	Category	Posn
1		0:19:19	3:13	258	Sam Milliken	M 15-19	1 of 8
2		0:19:26	3:14	225	Franky El Nino	M 15-19	2 of 8
3		0:20:38	3:26	248	Bruny Lebrun	M 30-39	1 of 10
4		0:20:53	3:29	236	Brad Young	M 30-39	2 of 10
5		0:20:57	3:30	227	Ronnie Kataki	M 15-19	3 of 8
6		0:20:58	3:30	226	Rubin Kataki	M 01-14	1 of 11
7		0:21:28	3:35	210	Nicholas Stewart	M 15-19	4 of 8
8		0:21:31	3:35	243	Kyle Lister	M 15-19	5 of 8
	1	0:21:32	3:35	229	Dominic Janniky	F 15-19	1 of 7
9		0:21:37	3:36	260	Alec Jarvis	M 01-14	2 of 11
10		0:21:43	3:37	207	Tony Shaw	M 50-59	1 of 3
11		0:22:11	3:42	223	Jay Yakabowich	M 40-49	1 of 7
12		0:22:30	3:45	220	Zachary Verret-Borsos	M 01-14	3 of 11
	2	0:22:32	3:45	192	Samantha Klus	F 01-14	1 of 8
13		0:22:37	3:46	208	Jordan Simmons	M 01-14	4 of 11
14		0:22:43	3:47	198	Alexander Maxwell	M 01-14	5 of 11
15		0:22:55	3:49	177	Liam Chaussi	M 01-14	6 of 11
16		0:23:07	3:51	255	Corey Belanger	M 20-29	1 of 5
17		0:23:10	3:52	259	Chris Fudge	M 20-29	2 of 5
18		0:24:06	4:01	172	Richard Borsos	M 50-59	2 of 3
19		0:24:10	4:02	187	Dominic Dupuis	M 15-19	6 of 8
20		0:24:34	4:06	238	Michel Somogyi	M 30-39	3 of 10
21		0:24:38	4:06	195	Matt Lefebvre	M 30-39	4 of 10
22		0:24:47	4:08	257	Tristan McPhedian	M 01-14	7 of 11
	3	0:24:57	4:09	176	Elsie Charron	F 01-14	2 of 8
	4	0:24:58	4:10	217	Dominique Verdurmen	F 15-19	2 of 7
23		0:24:59	4:10	262	Eric Deshaies	M 30-39	5 of 10
	5	0:25:15	4:13	221	Gail Walton	F 50-59	1 of 3
24		0:25:51	4:19	171	Adriel Beaton	M 15-19	7 of 8
25		0:25:53	4:19	203	Stephen Powell	M 30-39	6 of 10
	6	0:25:57	4:20	205	Nancy Scherf	F 15-19	3 of 7
	7	0:26:22	4:24	209	Kelsey Sitka	F 01-14	3 of 8

	8	0:26:55	4:29	240	Emma Benjaminson	F 15-19	4 of 7
26		0:26:57	4:30	173	Darrell Bridge	M 30-39	7 of 10
	9	0:27:03	4:31	175	Jessica Byrnes	F 15-19	5 of 7
	10	0:27:05	4:31	256	Chari Marple	F 40-49	1 of 8
27		0:27:12	4:32	174	Eddy Bridge	M 30-39	8 of 10
28		0:27:15	4:32	216	Roger Tremblay	M 50-59	3 of 3
	11	0:27:49	4:38	211	Linda Taylor	F 50-59	2 of 3
29		0:28:18	4:43	178	Pete Chaussi	M 40-49	2 of 7
30		0:28:22	4:44	186	Alexandre Dupuis	M 01-14	8 of 11
	12	0:28:32	4:45	214	Christina Towers	F 40-49	2 of 8
31		0:28:45	4:47	194	Robert Laughton	M 01-14	9 of 11
32		0:28:47	4:48	193	Bob Laughton	M 40-49	3 of 7
33		0:28:52	4:49	204	Massimo Santamaria	M 01-14	10 of 11
34		0:28:55	4:49	213	George Torrance	M 60-69	1 of 1
35		0:29:27	4:55	212	Kyle Templeton	M 15-19	8 of 8
36		0:29:36	4:56	182	Owen Day	M 01-14	11 of 11
	13	0:29:38	4:56	199	Amanda Nurse	F 01-14	4 of 8
37		0:29:42	4:57	197	Thomas Maloley	M 30-39	9 of 10
38		0:29:51	4:59	253	Matthew Chaniel	M 20-29	3 of 5
	14	0:30:19	5:03	183	Olivia Densham	F 01-14	5 of 8
39		0:30:42	5:07	200	Christopher Nurse	M 40-49	4 of 7
40		0:30:48	5:08	185	Michael Downey	M 30-39	10 of 10
	15	0:30:50	5:08	188	Marigold Edwards	F 40-49	3 of 8
41		0:31:41	5:17	244	Patrick Goggan	M 40-49	5 of 7
	16	0:31:41	5:17	245	Christine Ouellte	F 30-39	1 of 2
42		0:32:20	5:23	246	Pierre Dupuis	M 40-49	6 of 7
	17	0:32:29	5:25	196	Vanessa Macisaac	F 15-19	6 of 7
	18	0:32:31	5:25	224	Tasha Yovetich	F 40-49	4 of 8
43		0:32:34	5:26	317	Daniel Pohl	M 20-29	4 of 5
	19	0:33:03	5:31	222	Janet White	F 60-69	1 of 2
44		0:33:59	5:40	206	Shane Scott	M 20-29	5 of 5
	20	0:34:10	5:42	170	Kelly Aleong	F 30-39	2 of 2
	21	0:34:19	5:43	215	Mary Towers	F 15-19	7 of 7
	22	0:36:03	6:00	181	Ellen Day	F 40-49	5 of 8
	23	0:37:06	6:11	179	Tracey Chaussi	F 40-49	6 of 8

	24	0:37:20	6:13	191	Stephanie Howard-Davies	F 60-69	2 of 2
45		0:37:43	6:17	201	Don Orr	M 70+Over	1 of 3
	25	0:38:31	6:25	252	Karen Powell	F 20-29	1 of 3
	26	0:38:32	6:25	254	Jennifer Born	F 20-29	2 of 3
	27	0:39:42	6:37	180	Debbie Dawson	F 20-29	3 of 3
	28	0:39:54	6:39	232	Gabrielle Lachance	F 01-14	6 of 8
	29	0:39:56	6:39	231	Gabriela Sigouin	F 01-14	7 of 8
46		0:39:57	6:39	230	Pierre Sigouin	M 40-49	7 of 7
47		0:40:56	6:49	233	Edward Brady	M 70+Over	2 of 3
	30	0:41:56	6:59	250	Heather Boyd	F 40-49	7 of 8
	31	0:41:57	6:59	251	Tamara Boyd	F 01-14	8 of 8
48		0:43:31	7:15	228	Gerald Hare	M 70+Over	3 of 3
	32	0:43:51	7:19	219	Florence Verret-Borsos	F 50-59	3 of 3
	33	0:51:25	8:34	264	Michelle Marshall	F 40-49	8 of 8