

## Richmond Road Races 2010 - 10k Results List

Male	Female	Time	Pace	Bib	Name	City
	1	0:37:07	3:43	123	Pat McNeely	Merrickville
	2	0:37:46	3:47	93	Paul Turner	Ottawa
	3	0:37:49	3:47	109	Kurt Stolberg	Ottawa
	4	0:37:51	3:47	189	Vincent Scattolon	Perth
	5	0:37:56	3:48	40	Phil Brunet	Ottawa
	6	0:38:01	3:48	205	Paul Devashish	Ottawa
	7	0:38:21	3:50	196	Dan Contant	Cornwall
	8	0:38:23	3:50	125	Olivier Mouyau	Ottawa
	9	0:38:39	3:52	33	Michael Blois	Ottawa
	10	0:39:01	3:54	81	Shawn Heij	Ottawa
	11	0:39:03	3:54	154	Daniel Roach	Ottawa
	12	0:39:36	3:58	2	Dan Dominie	Canton
	13	0:39:39	3:58	132	Brian O'higgins	Ottawa
	14	0:39:50	3:59	127	Richard Bellefeuille	Kanata
	15	0:39:55	4:00	171	James Wilson	Winchester
	16	0:40:00	4:00	1	Jay Yakabowich	Orleans
	17	0:40:06	4:01	106	Gary Wilkes	Ottawa
	18	0:40:39	4:04	50	Graham Ross	Merrickville
	19	0:40:40	4:04	168	Peter O'gorman	Arnprior
	20	0:40:43	4:04	110	Bowman Wilker	Nepean
	21	0:40:50	4:05	172	J Noonan	Prescott
	22	0:40:52	4:05	43	Jim Carter	Nepean
	23	0:40:56	4:06	91	Sean Clancy	Ottawa
	24	0:41:10	4:07	185	Patrick Lalonde	Kanata
	1	0:41:15	4:07	150	Judy Andrew Piel	Nepean
	2	0:41:25	4:09	95	Sherry Carson	Ottawa
	25	0:41:30	4:09	61	Bob Laughton	Ottawa
	26	0:42:06	4:13	18	Corey Turnbull	Jasper
	27	0:42:16	4:14	210	John Tegano	Ottawa
	3	0:42:18	4:14	181	Tonja Leach	Kanata
	28	0:42:22	4:14	16	Duaine Simms	Ottawa
	29	0:42:25	4:14	38	James McGuire	Ottawa
	30	0:42:29	4:15	80	Ian Boyle	Ottawa
	31	0:42:33	4:15	183	Pierre Lavictoire	Gatineau

32	0:42:47	4:17	129 Aaron Braumberg	Stittsville
33	0:42:49	4:17	153 Jean Rock Tremblay	Ottawa
34	0:42:51	4:17	126 George Bodoni	Ottawa
	4 0:42:57	4:18	26 Robyn Hardage	Kanata
35	0:42:58	4:18	191 Tony Dunbar	Brockville
	5 0:43:01	4:18	113 Nancy Morrison	Kanata
36	0:43:06	4:19	160 Brian Lawless	Ottawa
37	0:43:11	4:19	202 Adwin Gallant	Ottawa
38	0:43:43	4:22	66 Chris Jermyn	Ottawa
39	0:43:55	4:24	41 Ben-Zion Caspi	Ottawa
40	0:44:00	4:24	120 David Sloan	Kanata
41	0:44:06	4:25	138 Stephen Hunt	Stittsville
42	0:44:22	4:26	182 Greg Lamb	Ottawa
43	0:44:23	4:26	121 Yannick Asselin	Ottawa
44	0:44:39	4:28	114 Dave Palmer	Kanata
45	0:45:15	4:32	201 Chris Van Norman	Nepean
	6 0:45:33	4:33	175 Carol Moore	Stittsville
46	0:45:37	4:34	143 Claude Cote	McMasterville
	7 0:45:39	4:34	15 Stephanie Gordon	Richmond
47	0:46:03	4:36	203 David Morrow	Ottawa
	8 0:46:07	4:37	53 Carol O'malley	Ottawa
	9 0:46:10	4:37	77 Lee-Ann Price	Perth
48	0:46:11	4:37	64 Charles Pryce	Ottawa
	10 0:46:20	4:38	82 Alison Jones	Kanata
49	0:46:22	4:38	12 Patrick Owens	Nepean
50	0:46:41	4:40	207 Dan Ziniuk	Ottawa
51	0:46:51	4:41	194 Ian Rae	Pakenham
52	0:46:52	4:41	192 Leighton Rae	Ottawa
53	0:47:03	4:42	165 Richard Bowes	Kanata
54	0:47:04	4:42	58 Mark Burleton	Alexandria
55	0:47:17	4:44	70 Frits Klein	Nepean
56	0:47:19	4:44	146 Bob Putzlocher	Inverary
57	0:47:27	4:45	193 Brett McKimm	Smiths Falls
58	0:47:29	4:45	117 Robert Criger	Ottawa
59	0:48:32	4:51	74 Danny Jeannot	Gatineau
60	0:48:33	4:51	46 Reg Francoeur	Edwards
61	0:48:39	4:52	13 James Johnston	Nepean

62	0:48:48	4:53	195 Gilles Gobeil	Gatineau
63	0:48:52	4:53	72 Rene Yaraskavitch	Ottawa
64	0:49:04	4:54	54 Gerry Larkin	Stittsville
65	0:49:11	4:55	45 Carey Jones	Ottawa
	11 0:49:12	4:55	116 Ingrid Koenig	Ottawa
	12 0:49:14	4:55	206 Ginette Lavigne	Carleton Place
	13 0:49:22	4:56	204 Lise Patterson	Ottawa
66	0:49:28	4:57	188 Hugh Wright	Kanata
67	0:49:30	4:57	36 Cameron Passmore	Nepean
68	0:49:39	4:58	179 Dan Todd	Richmond
69	0:49:42	4:58	25 Tosh Hayashi	Perth
	14 0:49:45	4:59	97 Wendy Rostek	Kanata
	15 0:49:50	4:59	55 Karen McLean	Ottawa
70	0:49:59	5:00	27 Ralph Richardson	Stittsville
71	0:50:25	5:03	133 Mike Maclean	Nepean
72	0:50:34	5:03	187 Edmund Binggeli	Ottawa
73	0:50:46	5:05	30 Mac Graham	Carleton Place
74	0:50:49	5:05	34 Stephen Hendrie	Ottawa
	16 0:50:55	5:06	208 Dawn Phillips	Carp
	17 0:50:57	5:06	128 Tanya Litwiller	Ottawa
75	0:51:07	5:07	63 Richard Crompton	Woodlawn
76	0:51:13	5:07	134 Greg Earl	Smiths Falls
77	0:51:25	5:09	180 Kelly Doig	Ottawa
	18 0:51:26	5:09	166 Phillipa Thompson	Oxford Mills
78	0:51:29	5:09	14 Jonathan Hache	Ottawa
	19 0:51:31	5:09	51 Jenn Ross	Merrickville
79	0:51:48	5:11	29 Mike Chambers	Ottawa
80	0:52:03	5:12	62 Tracy Shouldice	Carp
81	0:52:19	5:14	176 Peter R. Smith	Orleans
82	0:52:24	5:14	68 Joe Raetsen	Nepean
83	0:52:27	5:15	83 Chris Must	Smiths Falls
	20 0:52:31	5:15	90 Marie Andree Bureau	Ottawa
84	0:52:33	5:15	151 Stuart Jones	Woodlawn
	21 0:52:47	5:17	42 Jodi Brennan	Merrickville
	22 0:52:48	5:17	35 Barbara Bacon	Merrickville
	23 0:52:49	5:17	135 Patty Sheahan	Orleans
85	0:52:56	5:18	147 Douglas McGinn	Ottawa

86	0:53:02	5:18	23 Robert Gibb	Ottawa
	24 0:53:03	5:18	173 Dawn Juneau	Orleans
	25 0:53:05	5:19	10 Claire Samson	Woodlawn
87	0:53:08	5:19	107 Gary Banks	Stittsville
	26 0:53:21	5:20	144 Karen Von Jagow	Stittsville
	27 0:53:29	5:21	52 Penny Foxwell	Merrickville
88	0:53:40	5:22	118 Bill Horne	Ottawa
89	0:53:51	5:23	178 Michael Watford	Kanata
	28 0:53:52	5:23	57 Diane Edwards	Dalkeith
90	0:53:54	5:23	102 Ron Stadnyk	Kinburn
	29 0:54:01	5:24	199 Katie McClean	Stittsville
91	0:54:03	5:24	174 Brian McClean	Stittsville
92	0:54:04	5:24	71 Hans Buser	Carp
	30 0:54:23	5:26	145 Brenda Tirrell	Stittsville
	31 0:54:29	5:27	108 Amy McKay	Ottawa
	32 0:54:36	5:28	167 Rachel Tweedy	Ottawa
	33 0:54:38	5:28	157 Sheryl Dore	Ottawa
93	0:54:49	5:29	86 Malcolm Wood	Kanata
94	0:54:59	5:30	112 Keith Colwell	North Gower
	34 0:55:02	5:30	212 Lisa Dulude	Ottawa
95	0:55:19	5:32	111 Ian Bennett	McDonald's Corners
96	0:55:28	5:33	137 John Cooke	Nepean
	35 0:55:31	5:33	105 Janet Nuutilainer	Ottawa
	36 0:55:53	5:35	104 Adriana Zeleney	Ottawa
	37 0:56:04	5:36	213 Jane Waterfall	Ottawa
	38 0:56:30	5:39	198 Carolyn Perkins	Nepean
	39 0:56:37	5:40	39 Patricia Robson	Kingston
	40 0:56:41	5:40	142 Susan Ostergaard	Ottawa
97	0:57:01	5:42	65 Philip Tughan	Kanata
	41 0:57:19	5:44	184 Anne-Marie Carter-McAuslan	Carleton Place
98	0:57:25	5:44	28 Doug Arnold	Richmond
99	0:57:35	5:46	162 Glennon Martin	Richmond
	42 0:57:38	5:46	211 Michele Robertson	Ottawa
	43 0:57:40	5:46	79 Janet Tribble	Jasper
100	0:57:43	5:46	122 Peter Salfi	Kanata
101	0:57:45	5:47	89 Andy Ledger	Ottawa
102	0:57:47	5:47	136 Jim Turner	Orleans

	44	0:57:52	5:47	67 Laurie Davis	Kanata
	45	0:57:55	5:47	75 Jinny Jobin	Gatineau
103		0:57:57	5:48	169 Jonas Fossitt	Winchester
	46	0:57:59	5:48	141 Andrea Cartile	Kingston
	47	0:58:02	5:48	170 Julie Fossitt	Kingston
	48	0:58:36	5:52	78 Ada Gorrie	Munster
	49	0:58:39	5:52	48 Kathy Fischer	Carp
	50	0:59:12	5:55	148 Martina McGinn	Ottawa
	51	0:59:22	5:56	37 Cheryl Gillies	Richmond
104		0:59:28	5:57	124 Stuart Pursey	Ottawa
	52	0:59:30	5:57	119 Judith Apps	Kanata
	53	0:59:33	5:57	186 Anne-Lise Gauthier	Kanata
	54	0:59:42	5:58	59 Mary Caldbick	Ottawa
105		1:00:06	6:01	152 Robin Annas	Richmond
	55	1:00:20	6:02	139 Stephanie Dunne	Ottawa
	56	1:00:51	6:05	73 Lisa Nesbitt	Manotick
	57	1:00:54	6:05	85 Kimberley Brigden	Nepean
	58	1:01:37	6:10	399 Rena Fulton	Nepean
	59	1:01:37	6:10	425 Colleen Piercey	Richmond
	60	1:01:51	6:11	96 Constance Lazurko	Carp
	61	1:01:53	6:11	76 Dayle Mulligan	Carp
	62	1:01:57	6:12	101 Jackie Stadnyk	Kinburn
	63	1:02:40	6:16	49 Elaine Petrie	Ottawa
	64	1:02:41	6:16	44 Ellen Carter	Nepean
	65	1:03:07	6:19	21 Elizabeth McIntyre	Richmond
	66	1:03:12	6:19	20 Karleen Heer	Nepean
	67	1:03:22	6:20	163 Sheila Reid	Kanata
106		1:03:27	6:21	177 Garry Mellan	Smiths Falls
	68	1:03:47	6:23	149 Karen Beutel	Nepean
	69	1:04:01	6:24	56 Linda Osmond	Ottawa
	70	1:04:02	6:24	197 Dawn Carruthers	Ottawa
	71	1:04:24	6:26	11 Joann Garbig	Ottawa
	72	1:06:24	6:38	88 Janet Sol	Ottawa
	73	1:06:25	6:38	4 Brenda Ryan	Ottawa
107		1:06:40	6:40	98 Lorne Murdoch	Ottawa
108		1:07:09	6:43	190 Henry Dore	Green Valley
	74	1:07:17	6:44	7 Vicki Plant	Ottawa

	75	1:07:52	6:47	155 Karen Elliott	Arnprior
	76	1:07:54	6:47	31 Anne Blimkie	Arnprior
	77	1:07:56	6:48	161 Nancy Connors	Fitzroy Harbor
	78	1:08:21	6:50	94 Anna Shannette	Ottawa
	79	1:10:08	7:01	140 Linda Hunt	Stittsville
	80	1:11:12	7:07	156 April Dickson	Ottawa
	81	1:11:14	7:07	164 Lia Pirili	Ottawa
	82	1:12:03	7:12	92 Darlene Tilley	Stittsville
	83	1:13:03	7:18	3 Danielle Thibeault	Gloucester
	84	1:13:36	7:22	99 Nancy Mackay	Kanata
	85	1:13:37	7:22	100 Jan Mattingly	Kanata
109		1:14:29	7:27	69 Dave Pedley	Stittsville
	86	1:15:40	7:34	200 Shirley Ivan	Kanata
	87	1:15:42	7:34	158 Glenda O'rourke	Fitzroy Harbor
	88	1:15:44	7:34	159 Jennifer Lyon	Kanata
	89	1:17:34	7:45	60 Roseanne Wilson	Nepean
	90	1:44:34	10:27	22 Robin Heald	Smiths Falls

<b>Category</b>	<b>Posn</b>
M 30-39	1 of 21
M 50-59	1 of 35
M 20-29	1 of 4
M 15-19	1 of 1
M 20-29	2 of 4
M 40-49	1 of 31
M 40-49	2 of 31
M 30-39	2 of 21
M 30-39	3 of 21
M 30-39	4 of 21
M 20-29	3 of 4
M 40-49	3 of 31
M 50-59	2 of 35
M 40-49	4 of 31
M 40-49	5 of 31
M 40-49	6 of 31
M 40-49	7 of 31
M 40-49	8 of 31
M 40-49	9 of 31
M 30-39	5 of 21
M 30-39	6 of 21
M 50-59	3 of 35
M 50-59	4 of 35
M 14+Under	1 of 1
F 40-49	1 of 35
F 50-59	1 of 26
M 40-49	10 of 31
M 30-39	7 of 21
M 40-49	11 of 31
F 30-39	1 of 22
M 40-49	12 of 31
M 30-39	8 of 21
M 30-39	9 of 21
M 50-59	5 of 35

M 30-39	10 of 21
M 50-59	6 of 35
M 40-49	13 of 31
F 20-29	1 of 4
M 60-69	1 of 16
F 50-59	2 of 26
M 40-49	14 of 31
M 40-49	15 of 31
M 60-69	2 of 16
M 60-69	3 of 16
M 40-49	16 of 31
M 30-39	11 of 21
M 50-59	7 of 35
M 30-39	12 of 21
M 50-59	8 of 35
M 50-59	9 of 35
F 40-49	2 of 35
M 30-39	13 of 21
F 30-39	2 of 22
M 50-59	10 of 35
F 40-49	3 of 35
F 30-39	3 of 22
M 50-59	11 of 35
F 40-49	4 of 35
M 40-49	17 of 31
M 40-49	18 of 31
M 30-39	14 of 21
M 30-39	15 of 21
M 50-59	12 of 35
M 50-59	13 of 35
M 50-59	14 of 35
M 50-59	15 of 35
M 20-29	4 of 4
M 50-59	16 of 35
M 30-39	16 of 21
M 60-69	4 of 16
M 60-69	5 of 16

M 30-39	17 of 21
M 40-49	19 of 31
M 50-59	17 of 35
M 50-59	18 of 35
F 40-49	5 of 35
F 40-49	6 of 35
F 50-59	3 of 26
M 40-49	20 of 31
M 40-49	21 of 31
M 40-49	22 of 31
M 60-69	6 of 16
F 40-49	7 of 35
F 30-39	4 of 22
M 40-49	23 of 31
M 30-39	18 of 21
M 50-59	19 of 35
M 50-59	20 of 35
M 40-49	24 of 31
F 30-39	5 of 22
F 30-39	6 of 22
M 50-59	21 of 35
M 40-49	25 of 31
M 40-49	26 of 31
F 40-49	8 of 35
M 40-49	27 of 31
F 30-39	7 of 22
M 30-39	19 of 21
M 40-49	28 of 31
M 50-59	22 of 35
M 60-69	7 of 16
M 50-59	23 of 35
F 40-49	9 of 35
M 40-49	29 of 31
F 40-49	10 of 35
F 40-49	11 of 35
F 50-59	4 of 26
M 60-69	8 of 16

M 50-59	24 of 35
F 40-49	12 of 35
F 40-49	13 of 35
M 50-59	25 of 35
F 40-49	14 of 35
F 50-59	5 of 26
M 60-69	9 of 16
M 40-49	30 of 31
F 40-49	15 of 35
M 50-59	26 of 35
F 20-29	2 of 4
M 50-59	27 of 35
M 60-69	10 of 16
F 50-59	6 of 26
F 30-39	8 of 22
F 30-39	9 of 22
F 50-59	7 of 26
M 50-59	28 of 35
M 30-39	20 of 21
F 40-49	16 of 35
M 50-59	29 of 35
M 50-59	30 of 35
F 30-39	10 of 22
F 30-39	11 of 22
F 50-59	8 of 26
F 30-39	12 of 22
F 40-49	17 of 35
F 50-59	9 of 26
M 50-59	31 of 35
F 50-59	10 of 26
M 60-69	11 of 16
M 30-39	21 of 21
F 50-59	11 of 26
F 40-49	18 of 35
M 50-59	32 of 35
M 50-59	33 of 35
M 60-69	12 of 16

F 40-49	19 of 35
F 30-39	13 of 22
M 60-69	13 of 16
F 40-49	20 of 35
F 30-39	14 of 22
F 50-59	12 of 26
F 50-59	13 of 26
F 60+Over	1 of 3
F 40-49	21 of 35
M 50-59	34 of 35
F 30-39	15 of 22
F 30-39	16 of 22
F 40-49	22 of 35
M 50-59	35 of 35
F 50-59	14 of 26
F 40-49	23 of 35
F 50-59	15 of 26
F 30-39	17 of 22
F 30-39	18 of 22
F 40-49	24 of 35
F 40-49	25 of 35
F 50-59	16 of 26
F 50-59	17 of 26
F 50-59	18 of 26
F 20-29	3 of 4
F 30-39	19 of 22
F 50-59	19 of 26
M 40-49	31 of 31
F 40-49	26 of 35
F 40-49	27 of 35
F 20-29	4 of 4
F 50-59	20 of 26
F 40-49	28 of 35
F 50-59	21 of 26
M 60-69	14 of 16
M 60-69	15 of 16
F 40-49	29 of 35

F 40-49	30 of 35
F 50-59	22 of 26
F 40-49	31 of 35
F 60+Over	2 of 3
F 30-39	20 of 22
F 40-49	32 of 35
F 50-59	23 of 26
F 40-49	33 of 35
F 50-59	24 of 26
F 30-39	21 of 22
F 50-59	25 of 26
M 60-69	16 of 16
F 40-49	34 of 35
F 50-59	26 of 26
F 30-39	22 of 22
F 60+Over	3 of 3
F 40-49	35 of 35