

Richmond Road Races 2012 - 10K Results List

Male	Female	Time	Pace	Bib	Name	City	Category	Posn
1		0:35:38	3:34	391	Jamie Stephenson	Ottawa	M 30-39	1 of 24
2		0:36:12	3:37	292	Alexandre Michel	Ottawa	M 30-39	2 of 24
3		0:36:59	3:42	142	Jim Fullarton	Ottawa	M 40-49	1 of 35
4		0:37:50	3:47	285	Pat McNeely	Merrickville	M 30-39	3 of 24
5		0:38:03	3:48	188	Mike Herzog	Ottawa	M 30-39	4 of 24
6		0:38:38	3:52	364	Hubert Saindon	Orleans	M 20-29	1 of 8
7		0:39:29	3:57	412	Paul Turner	Ottawa	M 50-59	1 of 36
8		0:39:32	3:57	310	Olivier Mouyau	Ottawa	M 30-39	5 of 24
9		0:39:50	3:59	322	Brian O'Higgins	Nepean	M 50-59	2 of 36
10		0:39:53	3:59	345	Ian Rae	Pakenham	M 30-39	6 of 24
11		0:40:08	4:01	434	Gary Wilkes	Kanata	M 40-49	2 of 35
12		0:40:10	4:01	358	Graham Ross	Merrickville	M 40-49	3 of 35
13		0:40:11	4:01	300	Mohamed Mohamed	Ottawa	M 15-19	1 of 6
14		0:40:12	4:01	301	Yassin Mohamoud	Ottawa	M 15-19	2 of 6
	1	0:40:22	4:02	79	Renee Crompton	Woodlawn	F 50-59	1 of 30
15		0:40:34	4:03	375	James Short	Ottawa	M 20-29	2 of 8
16		0:40:45	4:05	63	Ryan Christian	Ottawa	M 20-29	3 of 8
17		0:40:48	4:05	153	Gilles Gobeil	Gatineau	M 40-49	4 of 35
18		0:40:51	4:05	410	Corey Turnbull	Jasper	M 40-49	5 of 35
19		0:41:50	4:11	37	Iain Boyle	Ottawa	M 30-39	7 of 24
20		0:41:51	4:11	120	Keith Fenerty	Kanata	M 40-49	6 of 35
21		0:41:55	4:12	438	Dale Witty	Cornwall	M 40-49	7 of 35
22		0:42:02	4:12	214	Patrick Kelly	Ottawa	M 40-49	8 of 35
	2	0:42:06	4:13	31	Jenn Bon	Smiths Falls	F 30-39	1 of 17
23		0:42:11	4:13	32	Richard Borsos	Ottawa	M 50-59	3 of 36
24		0:42:18	4:14	29	George Bodoni	Ottawa	M 40-49	9 of 35
25		0:42:26	4:15	252	Jason Mah	Ottawa	M 30-39	8 of 24
26		0:42:33	4:15	369	Luke Senecal	Kanata	M 40-49	10 of 35
	3	0:42:37	4:16	373	Lori Sheehan-Graham	Carp	F 40-49	1 of 30
27		0:42:40	4:16	22	Pascal Bessette	Ottawa	M 30-39	9 of 24

28		0:42:42	4:16	177	Fred Hasle	Manotick	M 30-39	10 of 24
29		0:43:06	4:19	66	Sean Clancy	Orleans	M 50-59	4 of 36
	4	0:43:24	4:20	53	Sherry Carson	Ottawa	F 50-59	2 of 30
30		0:43:37	4:22	102	Dan Dominie	Canton	M 40-49	11 of 35
31		0:43:46	4:23	346	Leighton Rae	Inkerman	M 30-39	11 of 24
32		0:44:02	4:24	381	Jeff Slavin	Nepean	M 40-49	12 of 35
33		0:44:03	4:24	231	Terry Lauzon	Cornwall	M 40-49	13 of 35
34		0:44:12	4:25	117	Jeff English	Ottawa	M 20-29	4 of 8
35		0:44:14	4:25	226	Greg Lamb	Ottawa	M 50-59	5 of 36
	5	0:44:32	4:27	452	Celeste Irving-Jones	Ottawa	F 50-59	3 of 30
	6	0:44:39	4:28	148	Nathalie Gauthier	Ottawa	F 40-49	2 of 30
36		0:44:43	4:28	266	David McCaw	Ottawa	M 50-59	6 of 36
37		0:45:01	4:30	435	Joel Willison	Gloucester	M 20-29	5 of 8
38		0:45:04	4:30	55	Jim Carter	Ottawa	M 50-59	7 of 36
39		0:45:08	4:31	242	Kenneth Macaskill	Kanata	M 40-49	14 of 35
40		0:45:11	4:31	327	David Palmer	Kanata	M 50-59	8 of 36
	7	0:45:12	4:31	6	Judy Andrew Piel	Nepean	F 40-49	3 of 30
41		0:45:16	4:32	267	Mike McCluskie	Ottawa	M 40-49	15 of 35
42		0:45:19	4:32	240	Jonathan Macaskill	Kanata	M 15-19	3 of 6
	8	0:45:47	4:35	366	Dina Salvador	Ottawa	F 40-49	4 of 30
43		0:46:03	4:36	230	Bob Laughton	Ottawa	M 40-49	16 of 35
	9	0:46:04	4:36	1	Heather Adeney	Carp	F 40-49	5 of 30
44		0:46:19	4:38	111	Bob Ebsary	Rockland	M 50-59	9 of 36
45		0:46:38	4:40	128	Peter Foley	Ottawa	M 50-59	10 of 36
46		0:46:42	4:40	454	Greg Burford	Ottawa	M 20-29	6 of 8
47		0:46:44	4:40	232	Don Lavictoire	Orleans	M 50-59	11 of 36
48		0:46:59	4:42	208	Carey Jones	Ottawa	M 50-59	12 of 36
49		0:47:00	4:42	45	Mark Burleton	Alexandria	M 50-59	13 of 36
50		0:47:08	4:43	99	Kel Doig	Ottawa	M 40-49	17 of 35
51		0:47:15	4:44	428	Mike Watford	Kanata	M 40-49	18 of 35
52		0:47:21	4:44	333	Brent Pellett	Perth	M 30-39	12 of 24
53		0:47:22	4:44	418	John Varis	Ottawa	M 15-19	4 of 6
	10	0:47:27	4:45	361	Christine Row	Portland	F 40-49	6 of 30

54		0:47:29	4:45	439	Alex Wong	Ottawa	M 30-39	13 of 24
55		0:47:32	4:45	146	John Gallinger	Nepean	M 50-59	14 of 36
	11	0:47:35	4:45	441	Chantelle Woods	Nepean	F 30-39	2 of 17
	12	0:47:40	4:46	28	Jesse Blondin	Ottawa	F 20-29	1 of 8
56		0:47:47	4:47	36	Richard Bowes	Kanata	M 60-69	1 of 16
	13	0:47:48	4:47	238	Hamelin Louise	Orleans	F 50-59	4 of 30
57		0:47:51	4:47	56	Ben-Zion Caspi	Ottawa	M 60-69	2 of 16
58		0:47:54	4:47	90	Francois Deleseleuc	Orleans	M 50-59	15 of 36
59		0:48:15	4:50	228	Gerry Larkin	Stittsville	M 50-59	16 of 36
60		0:48:21	4:50	272	Will McGauley	Richmond	M 30-39	14 of 24
	14	0:48:35	4:52	287	Laurie Meaney-Tobin	Ottawa	F 40-49	7 of 30
	15	0:48:40	4:52	283	Hilary McNamee	Perth	F 30-39	3 of 17
	16	0:48:41	4:52	202	Cathy James	Perth	F 30-39	4 of 17
61		0:48:43	4:52	164	Michael Grozelle	Richmond	M 30-39	15 of 24
	17	0:48:55	4:54	325	Susan Ostergaard	Ottawa	F 50-59	5 of 30
62		0:49:03	4:54	316	Ron Newhook	Ottawa	M 50-59	17 of 36
63		0:49:26	4:57	446	Dave Yaeger	Ottawa	M 50-59	18 of 36
	18	0:49:29	4:57	241	Katie Macaskill	Kanata	F 14+Unr	1 of 1
	19	0:49:41	4:58	60	Susan Charles	Richmond	F 40-49	8 of 30
64		0:49:44	4:58	330	Cameron Passmore	Nepean	M 40-49	19 of 35
	20	0:49:51	4:59	243	Kim Macaskill	Kanata	F 40-49	9 of 30
65		0:49:56	5:00	386	Peter Smith	Ottawa	M 50-59	19 of 36
	21	0:50:00	5:00	34	Lucie Boudreau	Gatineau	F 50-59	6 of 30
66		0:50:04	5:00	376	Tracy Shouldice	Carp	M 40-49	20 of 35
	22	0:50:14	5:01	156	Stephanie Gordon	Ottawa	F 30-39	5 of 17
67		0:50:15	5:02	326	Patrick Owens	Nepean	M 40-49	21 of 35
68		0:50:17	5:02	160	Ian Govan	Kanata	M 60-69	3 of 16
69		0:50:26	5:03	181	Mike Hayes	Ottawa	M 50-59	20 of 36
	23	0:50:29	5:03	259	Andrea Matthews	Ottawa	F 30-39	6 of 17
70		0:50:30	5:03	78	Rob Criger	Ottawa	M 50-59	21 of 36
	24	0:50:34	5:03	173	Roxanne Harrington	Kemptville	F 40-49	10 of 30
	25	0:50:36	5:04	317	Veronica Nitschmann	Ottawa	F 20-29	2 of 8
71		0:50:38	5:04	162	Owen Gregory	Ottawa	M 30-39	16 of 24

72	0:50:46	5:05	256	Nicholas Marum	Ottawa	M 20-29	7 of 8
	26 0:50:51	5:05	389	Patti Snarr	Nepean	F 40-49	11 of 30
73	0:50:53	5:05	110	Greg Earl	Smiths Falls	M 40-49	22 of 35
	27 0:50:55	5:06	220	Ingrid Koenig	Ottawa	F 40-49	12 of 30
74	0:51:10	5:07	223	Wendell Lafave	Williamstown	M 60-69	4 of 16
	28 0:51:21	5:08	211	Theresa Kavanagh	Ottawa	F 50-59	7 of 30
	29 0:51:22	5:08	263	Christine Mayer	Ottawa	F 40-49	13 of 30
75	0:51:23	5:08	293	Scott Miller	Stittsville	M 40-49	23 of 35
	30 0:51:24	5:08	125	Andrea Fitzgerald	Ottawa	F 20-29	3 of 8
	31 0:51:28	5:09	368	Diana Schembri	Ottawa	F 20-29	4 of 8
76	0:51:29	5:09	122	Franz Ferraris	Almonte	M 50-59	22 of 36
	32 0:51:35	5:10	251	Kathy Magnusson	Stittsville	F 50-59	8 of 30
77	0:51:41	5:10	453	Derek McKellar	Ottawa	M 50-59	23 of 36
78	0:51:46	5:11	370	Ashkahn Shadmand	Ottawa	M 15-19	5 of 6
79	0:51:50	5:11	384	Adrian Smith	Kanata	M 40-49	24 of 35
	33 0:51:55	5:12	331	Lise Patterson	Ottawa	F 50-59	9 of 30
80	0:52:07	5:13	129	Vincent Andy Fong	Kanata	M 40-49	25 of 35
81	0:52:07	5:13	343	Bob Putzlocher	Inverary	M 50-59	24 of 36
	34 0:52:08	5:13	359	Jenn Ross	Merrickville	F 40-49	14 of 30
82	0:52:09	5:13	73	Paul Collins	Ottawa	M 40-49	26 of 35
	35 0:52:11	5:13	114	Jesse Elliott	Ottawa	F 30-39	7 of 17
83	0:52:37	5:16	274	Doug McGinn	Ottawa	M 60-69	5 of 16
	36 0:52:38	5:16	406	Phillipa Thompson	Oxford Mills	F 40-49	15 of 30
84	0:52:41	5:16	258	Ivan Matte	Perth	M 50-59	25 of 36
85	0:53:02	5:18	349	Dale Richardson	Kemptville	M 50-59	26 of 36
86	0:53:05	5:19	247	Grant Machan	Perth	M 40-49	27 of 35
87	0:53:15	5:20	413	Rob Tweedy	Ottawa	M 30-39	17 of 24
88	0:53:25	5:21	11	Thomas Atkins	Ottawa	M 50-59	27 of 36
	37 0:53:40	5:22	367	Claire Samson	Ottawa	F 50-59	10 of 30
89	0:53:41	5:22	149	Christian Giguere	Ottawa	M 50-59	28 of 36
90	0:53:49	5:23	407	Dan Todd	Richmond	M 40-49	28 of 35
	38 0:53:51	5:23	200	Susan Ibach	Manotick	F 40-49	16 of 30
91	0:53:53	5:23	140	Christopher Froggatt	Perth	M 40-49	29 of 35

92	0:53:55	5:24	141	Tom Froggatt	Ottawa	M 40-49	30 of 35
	39 0:53:58	5:24	15	Suzanne Baird	Richmond	F 30-39	8 of 17
93	0:54:00	5:24	443	Hugh Wright	Kanata	M 50-59	29 of 36
94	0:54:02	5:24	75	Keith Colwell	North Gower	M 30-39	18 of 24
95	0:54:07	5:25	207	Jim Johnston	Nepean	M 60-69	6 of 16
96	0:54:09	5:25	335	Luc Perrier	Gatineau	M 60-69	7 of 16
97	0:54:52	5:29	268	Bob McCulloch	Ottawa	M 50-59	30 of 36
98	0:55:07	5:31	193	Merv Hodgson	Maitland	M 70-79	1 of 4
	40 0:55:23	5:32	329	Josee Pasian	Ottawa	F 40-49	17 of 30
99	0:56:07	5:37	377	Andrew Shutler	North Gower	M 30-39	19 of 24
	41 0:56:12	5:37	159	Kia Goutte	Ottawa	F 40-49	18 of 30
	42 0:56:24	5:38	116	Margaret Elliott	Ottawa	F 50-59	11 of 30
	43 0:56:26	5:39	416	Jennifer Van Meer	Orleans	F 40-49	19 of 30
	44 0:56:28	5:39	40	Jodi Brennan	Merrickville	F 40-49	20 of 30
100	0:56:31	5:39	195	Bill Horne	Ottawa	M 60-69	8 of 16
101	0:56:32	5:39	328	Jim Paquette	Orleans	M 60-69	9 of 16
102	0:56:42	5:40	304	Christopher Moizer	Merrickville	M 20-29	8 of 8
	45 0:56:44	5:40	135	Penny Foxwell	Merrickville	F 50-59	12 of 30
	46 0:56:54	5:41	421	Lucie Villeneuve	Ottawa	F 50-59	13 of 30
	47 0:56:55	5:41	422	Wendy Wagland	Perth	F 60-69	1 of 10
103	0:57:00	5:42	409	Philip Tughan	Kanata	M 60-69	10 of 16
104	0:57:07	5:43	363	John Ruttle	Ottawa	M 40-49	31 of 35
	48 0:57:10	5:43	385	Isobel Smith	Kanata	F 15-19	1 of 1
105	0:57:12	5:43	85	Yves Daigneault	Luskville	M 40-49	32 of 35
	49 0:57:15	5:43	158	Julie Gourlay	Ottawa	F 30-39	9 of 17
	50 0:57:23	5:44	372	Patty Sheahan	Orleans	F 50-59	14 of 30
	51 0:57:29	5:45	209	Dawn Juneau	Orleans	F 40-49	21 of 30
	52 0:57:55	5:47	13	Barbara Bacon	Merrickville	F 40-49	22 of 30
	53 0:57:57	5:48	147	Sheah Gaston	Kanata	F 20-29	5 of 8
	54 0:57:59	5:48	219	Angela Knight	Ottawa	F 20-29	6 of 8
	55 0:58:02	5:48	70	Heather Cloutier	North Gower	F 30-39	10 of 17
	56 0:58:04	5:48	152	Cheryl Gillies	Richmond	F 50-59	15 of 30
	57 0:58:06	5:49	213	Elizabeth Keighley	Nepean	F 40-49	23 of 30

106	0:58:07	5:49	229	Ramon Lashley	Nepean	M 50-59	31 of 36
	58 0:58:21	5:50	305	Susan Moizer	Merrickville	F 50-59	16 of 30
107	0:58:32	5:51	119	John Evans	Richmond	M 40-49	33 of 35
108	0:58:49	5:53	17	Gary Banks	Stittsville	M 50-59	32 of 36
109	0:58:55	5:54	262	William Mayda	Richmond	M 40-49	34 of 35
110	0:59:14	5:55	81	Alex Cullen	Ottawa	M 60-69	11 of 16
	59 0:59:15	5:55	87	Carmen Davidson	Kanata	F 50-59	17 of 30
	60 0:59:35	5:58	8	Jetje Antonietti	Ottawa	F 50-59	18 of 30
	61 0:59:48	5:59	237	Pat Long	Ottawa	F 60-69	2 of 10
111	0:59:50	5:59	342	Stuart Pursey	Ottawa	M 60-69	12 of 16
	62 0:59:51	5:59	46	Elizabeth Burn	Ottawa	F 50-59	19 of 30
112	0:59:53	5:59	161	Chris Gregory	Ottawa	M 30-39	20 of 24
113	0:59:54	5:59	163	Phil Gregory	Kanata	M 60-69	13 of 16
114	0:59:58	6:00	30	Doug Arnold	Richmond	M 70-79	2 of 4
115	1:00:00	6:00	350	Ralph Richardson	Stittsville	M 50-59	33 of 36
116	1:00:03	6:00	48	Hans Buser	Carp	M 60-69	14 of 16
	63 1:00:09	6:01	183	Gina Hearn	Stittsville	F 40-49	24 of 30
117	1:00:11	6:01	197	Pete How	Arnprior	M 50-59	34 of 36
	64 1:00:19	6:02	450	Sandy Fredette	Ashton	F 50-59	20 of 30
118	1:00:58	6:06	182	Jason Healey	Stittsville	M 30-39	21 of 24
	65 1:01:20	6:08	275	Martina McGinn	Ottawa	F 60-69	3 of 10
	66 1:01:35	6:09	124	Angelina Finateri	Carp	F 30-39	11 of 17
	67 1:01:38	6:10	71	Lianne Coady	Carp	F 30-39	12 of 17
	68 1:01:43	6:10	336	Elaine Petrie	Ottawa	F 50-59	21 of 30
	69 1:02:06	6:13	105	Joan Duguid	Ottawa	F 50-59	22 of 30
119	1:02:44	6:16	378	Ian Sim	Alexandria	M 70-79	3 of 4
120	1:02:48	6:17	118	Richard Ernst	Ottawa	M 50-59	35 of 36
	70 1:02:54	6:17	106	Stephanie Dunne	Ottawa	F 50-59	23 of 30
121	1:03:01	6:18	257	George Matheson	Ottawa	M 60-69	15 of 16
	71 1:03:29	6:21	332	Sarah Peddie	Ottawa	F 40-49	25 of 30
	72 1:04:03	6:24	165	Jo-Anne Guimond	Ottawa	F 40-49	26 of 30
	73 1:04:41	6:28	88	Laurie Davis	Kanata	F 40-49	27 of 30
	74 1:04:43	6:28	270	Suzanne McFarlane	Lanark	F 30-39	13 of 17

	75	1:05:01	6:30	286	Tracy McNulty	Kanata	F 40-49	28 of 30
	76	1:05:05	6:30	341	Barbara Provost	Kanata	F 50-59	24 of 30
	77	1:05:06	6:31	306	Alexandra Montgomery	Stittsville	F 50-59	25 of 30
	78	1:05:32	6:33	260	Melanie Matthews	Carp	F 30-39	14 of 17
122		1:05:52	6:35	311	Erick Muis	Richmond	M 30-39	22 of 24
123		1:05:55	6:36	130	Chris Foran	Kemptville	M 30-39	23 of 24
	79	1:06:47	6:41	18	Marie-Christine Bedard	Ottawa	F 50-59	26 of 30
	80	1:07:22	6:44	166	Amy Haber	Richmond	F 30-39	15 of 17
124		1:07:25	6:44	167	Erich Haber	Stittsville	M 60-69	16 of 16
	81	1:07:35	6:45	50	Lynn Campbell	Ottawa	F 60-69	4 of 10
	82	1:07:55	6:48	460	Amy Maheu	Kanata	F 30-39	16 of 17
	83	1:09:40	6:58	3	Christiane Aitken	Ottawa	F 20-29	7 of 8
	84	1:09:42	6:58	204	Wendy Jermyn	Ottawa	F 30-39	17 of 17
	85	1:09:42	6:58	133	Jackie Forman	Ottawa	F 20-29	8 of 8
	86	1:10:10	7:01	138	Sue Franklin	Ottawa	F 40-49	29 of 30
	87	1:10:23	7:02	24	Karen Beutel	Nepean	F 40-49	30 of 30
	88	1:10:52	7:05	344	Louise Rachlis	Ottawa	F 60-69	5 of 10
	89	1:11:08	7:07	250	Donna Magher	Williamstown	F 60-69	6 of 10
	90	1:11:08	7:07	222	Sheila Lafave	Williamstown	F 50-59	27 of 30
125		1:11:14	7:07	365	Peter Salfi	Kanata	M 50-59	36 of 36
126		1:11:29	7:09	394	Eric Sulser	Gatineau	M 40-49	35 of 35
127		1:11:46	7:11	264	Dieux-Merci Mbula	Ottawa	M 15-19	6 of 6
	91	1:11:48	7:11	224	Suzanne Lafrance	Ottawa	F 50-59	28 of 30
	92	1:12:15	7:13	216	Susan Kersley	Williamstown	F 60-69	7 of 10
128		1:12:35	7:15	69	David Pedley	Stittsville	M 70-79	4 of 4
129		1:12:54	7:17	2	Michael Afful	Ottawa	M 30-39	24 of 24
	93	1:16:03	7:36	180	Kathleen Hay	Cornwall	F 50-59	29 of 30
	94	1:19:03	7:54	371	Anna Shannette	Ottawa	F 60-69	8 of 10
	95	1:23:29	8:21	276	Judy McIntosh	Ottawa	F 60-69	9 of 10
	96	1:26:12	8:37	154	Kristin Goff	Ottawa	F 60-69	10 of 10
	97	1:26:12	8:37	362	Charlene Ruberry	Ottawa	F 50-59	30 of 30