

Jim Howe Memorial Cross Country 2011 - 5.5K Results List

Male	Female	Time	Pace	Bib	Name	Category	Posn
1		0:19:06	3:28	477	Patrick Smith	M 15-19	1 of 5
2		0:19:33	3:33	489	Alec Jarvis	M 15-19	2 of 5
3		0:20:13	3:41	404	Mathieu Grenier	M 30-39	1 of 1
4		0:20:36	3:45	286	Jean-Philippe Bernard	M 20-29	1 of 7
	1	0:22:08	4:01	428	Daun Lynch	F 30-39	1 of 6
	2	0:22:13	4:02	418	Sheila Kealey	F 40-49	1 of 6
5		0:22:20	4:04	488	Brent Jarvis	M 40-49	1 of 5
6		0:22:23	4:04	448	Charles Paradis	M 20-29	2 of 7
	3	0:22:26	4:05	481	Christina Sutcliffe	F 30-39	2 of 6
7		0:22:48	4:09	515	Leo Kadotz	M 15-19	3 of 5
8		0:22:50	4:09	506	John Cameron	M 40-49	2 of 5
9		0:22:55	4:10	410	Jean-Philippe Heroux	M 15-19	4 of 5
	4	0:22:59	4:11	437	Megan McTavish	F 30-39	3 of 6
	5	0:23:01	4:11	465	Kyla Vanderzwet	F 20-29	1 of 4
10		0:23:05	4:12	480	Marc Champagne	M 50-59	1 of 5
11		0:23:09	4:13	478	Scott Irwin	M 40-49	3 of 5
	6	0:23:25	4:15	387	Elyse Charrier	F 15-19	1 of 7
	7	0:23:31	4:17	468	Jasmine Viau	F 15-19	2 of 7
	8	0:24:19	4:25	505	Megan Adams	F 01-14	1 of 3
	9	0:24:35	4:28	487	Katie McGrath	F 15-19	3 of 7
12		0:24:59	4:33	425	Matthew Legassick	M 20-29	3 of 7
	10	0:25:03	4:33	432	Michelle Marshall	F 40-49	2 of 6
13		0:25:06	4:34	483	Stephen Livingstone	M 40-49	4 of 5
14		0:26:36	4:50	454	Geoffrey Prud'Homme	M 50-59	2 of 5
	11	0:26:38	4:51	392	Natalie Collins	F 30-39	4 of 6
	12	0:26:46	4:52	431	Chari Marple	F 40-49	3 of 6
	13	0:27:04	4:55	389	Elsie Charron	F 15-19	4 of 7
15		0:27:23	4:59	497	Gary Maxwell	M 50-59	3 of 5
16		0:27:54	5:04	479	Jonah Irwin	M 01-14	1 of 2
	14	0:27:58	5:05	492	Brianne Bota	F 30-39	5 of 6
	15	0:28:38	5:12	403	Anna Geiger-Whitlock	F 20-29	2 of 4

	16	0:29:00	5:16	504 Meagan McLoed	F 15-19	5 of 7
17		0:29:11	5:18	473 Yee-en Kheah	M 15-19	5 of 5
	17	0:29:29	5:22	474 Brittany Vandenberg	F 01-14	2 of 3
18		0:29:33	5:22	439 Dennis Molnar	M 20-29	4 of 7
19		0:29:44	5:24	456 Bob Rodney	M 60-69	1 of 2
20		0:29:56	5:27	436 Doug McNally	M 60-69	2 of 2
	18	0:30:00	5:27	495 Lana Marjama	F 50-59	1 of 6
21		0:30:15	5:30	445 Christopher Nurse	M 50-59	4 of 5
	19	0:30:50	5:36	484 Kathleen Hart	F 50-59	2 of 6
22		0:30:52	5:37	382 Wally Burns	M 50-59	5 of 5
23		0:30:57	5:38	464 Chris Vanderwees	M 20-29	5 of 7
24		0:31:02	5:39	463 George Torrance	M 70-79	1 of 1
	20	0:31:05	5:39	510 Carmen Garnet	F 50-59	3 of 6
	21	0:31:27	5:43	426 Nicole Levasseur	F 40-49	4 of 6
	22	0:31:38	5:45	444 Amanda Nurse	F 01-14	3 of 3
25		0:31:45	5:46	459 Ryan Sinclair	M 20-29	6 of 7
	23	0:31:48	5:47	449 Kristina Porter	F 20-29	3 of 4
	24	0:31:59	5:49	409 Wendy Henry	F 40-49	5 of 6
26		0:32:18	5:52	438 Milton Minier	M 40-49	5 of 5
	25	0:32:34	5:55	471 Katja Theones	F 15-19	6 of 7
	26	0:33:10	6:02	390 Greta Chase	F 50-59	4 of 6
	27	0:33:22	6:04	507 Ruth Cameron	F 50-59	5 of 6
27		0:33:37	6:07	513 Joel Goodwin	M 01-14	2 of 2
	28	0:33:45	6:08	385 Amanda Campbell	F 20-29	4 of 4
28		0:33:46	6:08	400 Michael Fleming	M 20-29	7 of 7
	29	0:33:53	6:10	503 Jodi Beyer	F 30-39	6 of 6
	30	0:33:57	6:10	508 Janet St Louis-Brooks	F 50-59	6 of 6
	31	0:34:30	6:16	472 Julia Fuss	F 15-19	7 of 7
	32	0:34:48	6:20	509 Caroline Peck	F 40-49	6 of 6